

European Psychotherapy

Editors

Christian Algermissen

Serge K. D. Sulz

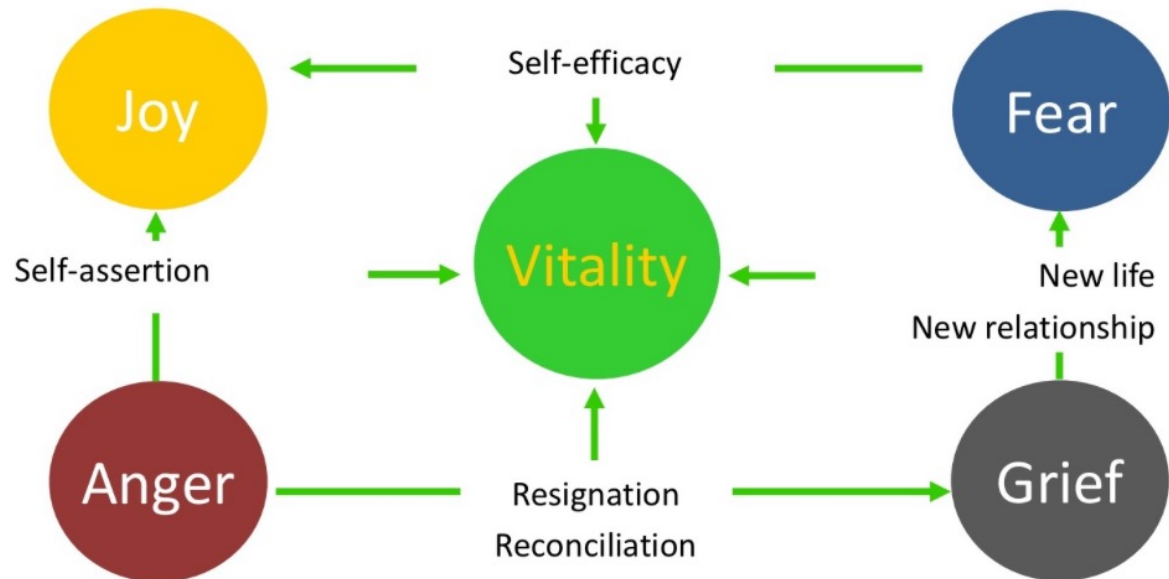
ISSN 2943-8659
(A peer reviewed journal)

Scientific Journal for Psychotherapeutic Research and Practice

Volume 16 2025

Special Issue:
Psychiatric & Psychological Brief
Psychotherapy PKP

Therapy changes the emotional experience



S. Sulz et al. PKP Depression www.cip-medien.com 2012

	CONTENT	
	Imprint	4
	Editorial	6-9
1	Atransdiagnostic approach to Psychiatric and Psychological Brief Psychotherapy PKP. Lars Theßen, Stephanie Backmund-Abedinpour and Serge K. D. Sulz	10-28
2	Psychiatric and psychological brief psychotherapy for depression PKP. Lars Theßen, Beate Deckert and Serge K. D. Sulz	29-54
3	Psychiatric and psychological brief psychotherapy PKP for anxiety and obsessive-compulsive disorders. Lars Theßen, Miriam Sichort-Hebing, Petra Jänsch & Serge K. D. Sulz	55-73
4	Psychiatric and psychological brief psychotherapy PKP for chronic alcoholism. Lars Theßen, Julia Antoni, Richard Hagleitner and Serge K. D. Sulz	74-94
5	Psychiatric & psychological brief psychotherapy PKP for depression - an empirical outcome study . Lars Theßen, Thomas Kaufmayer and Serge K.D. Sulz	95-121
6	Psychiatric & psychological brief psychotherapy (PKP) proves to be on a par with long-term therapy - results of a comparative study. Lars Theßen, Manuel Peters and Serge K. D. Sulz	122-140
7	Psychiatric Short-term psychotherapy PKP of depression in combined group and single-therapy for psychiatric departments – Consistent effects. Christian Algermissen, Nina Rösser & Serge K. D. Sulz	141-166
8	Emotion and mentalisation-promoting behavioural therapy in the group (EMVT-G). Lars Theßen and Serge K. D. Sulz	167-210

	How to quote?
1	Theßen, L., Backmund-Abedinpour,S., Sulz, S.K.D. (2025). A transdiagnostic approach to Psychiatric and Psychological Brief Psychotherapy PKP. European Psychotherapy EP 2025, Volume 16, 10-28
2	Theßen, L., Deckert, B., Sulz, S.K.D. (2025).Psychiatric and psychological brief psychotherapy for depression PKP. European Psychotherapy EP 2025, Volume 16, 29-54
3	Theßen, L., Sichort-Hebing, M., Jänsch, P., Sulz, S.K.D. (2025). Brief psychiatric and psychological psychotherapy PKP for anxiety and obsessive-compulsive disorders. European Psychotherapy EP 2025, Volume 16, 55-73
4	Theßen, L., Antoni, J., Hagleitner, R., Sulz, S.K.D. (2025). Psychiatric and psychological brief psychotherapy for chronic alcoholism. European Psychotherapy EP 2025, Volume 16, 74-94
5	Theßen, L., Kaufmayer, T., Sulz, S.K.D. (2025). Psychiatric & psychological brief psychotherapy PKP for depression - an empirical outcome study . European Psychotherapy EP 2025, Volume 16, 95-121
6	Theßen, L., Peters, M., Sulz, S.K.D. (2025). Psychiatric & psychological brief psychotherapy (PKP) proves to be on a par with long-term therapy - results of a comparative study. European Psychotherapy EP 2025, Volume 16, 122-140
7	Algermissen, C., Rösser, N., Sulz, S.K.D. (2025). Psychiatric Short-term psychotherapy PKP of depression in combined group and single-therapy for psychiatric departments – Consistent effects. European Psychotherapy EP 2025, Volume 16, 141-166
8	Theßen, L., Algermissen, C., Sulz, S.K.D. (2025). Emotion and mentalisation-promoting behavioural therapy in the group (EMVT-G). European Psychotherapy EP 2025, Volume 16, 167-210

IMPRINT

European Psychotherapy (online)

Scientific Journal

for Psychotherapeutic Research

and Practice

ISSN 2943-8659

Publisher: EUPEHS Research Centre

A peer reviewed journal/periodical

costfree

Volume 16 2025

Special Topic:

Psychiatric and Psychological Short-Psychotherapy PKT

Editors:

Christian Algermissen (Guest Editor), Serge K. D. Sulz

Editorial Board

Jürgen Kriz

Rainer Sachse

Scientific Council

Boothe, Brigitte, Professor, Zürich, Switzerland

Carta, Stefano, Professor, Cagliari, Italy

Cottraux, Jean, Professor, MD PhD, Lyon, France

Götestam, Gunnar, Professor, Trondheim, Norway

Grosclaude, Michèle, Dr., Strasbourg, France

Kryspin-Exner, Ilse, Professor, Vienna, Austria

Lenz, Gerhard, Professor, Vienna, Austria

Nardi, Bernardo, Professor, Ancona, Italy

Nestoros, Joannis, Professor, Heraklion, Greece

Öst, Lars-Göran, Professor, Stockholm, Sweden

Tringer, László, Professor, Budapest, Hungary

Verhofstadt-Denève, Professor, Gent, Belgium

Wells, Adrian, Professor, Manchester, Great Britain

Young, Robert, Professor, Sheffield, Great Britain

Zapkin, Professor, Moscow, Russia